



Roaches

(Dubia, Hissing, ect.)

Facts:

Average adult size: **up to 3 inches long**

Will reach adult size in 7 months, under ideal conditions

Average life span: **1 - 3 yrs with proper care**

Diet: **Herbivore**



This species is a large wingless cockroach; the name refers to the unusual hissing sounds they make.

Feeding & Nutrition:

Food

- Romaine lettuce, red leaf lettuce, apples, carrots and occasional overripe fruits.
- Fresh, clean, chlorine-free water should be available at all times.
- Feed daily and remove any uneaten foods within 24 hours.

Housing:

Cage

- Appropriately sized habitat to accommodate normal behaviors and exercise, with secure lid.
- Provide hiding areas using non-toxic plants, branches, logs or cork bark; maintain high humidity by misting daily.
- Temperature between 75 and 85°F; use an under-tank heater.
- Cockroaches are nocturnal and have no special lighting needs; don't expose them to direct sunlight for long periods of time; to view cockroaches at night, use a nocturnal or infrared light.
- Use a shallow commercial cricket waterer or a shallow water bowl; use chlorine-free water and place stones in the bowl to prevent roaches from drowning. Commercial water drink (gel) is a good alternative water source.
- House adult cockroaches together but do not house different cockroach species together.

Substrate

- Mulch-type commercial material such as coconut fiber bedding, dampened sphagnum moss and reptile bark.

Habitat Maintenance

- Change water daily.
- Thoroughly clean and disinfect the habitat with a 3% bleach solution and replace the substrate every two weeks.

Care:

Grooming & Hygiene

- Cockroaches have a waxy coating; always wash your hands before and after touching your cockroaches, and avoid getting the coating into cuts and scratches.

Health

- Eats regularly

Note: The information in this Care Guide is not a substitute for veterinary care. If you need additional information, please contact your veterinarian as appropriate.

Care Guide



- Body is rounded and full
- Active and alert
- Healthy exoskeleton

Recommended Supplies:

- | | |
|---|---|
| <input type="checkbox"/> Appropriate Size Habitat | <input type="checkbox"/> Hide |
| <input type="checkbox"/> Substrate | <input type="checkbox"/> Climbing Decor |
| <input type="checkbox"/> Moss | <input type="checkbox"/> Under Tank Heater |
| <input type="checkbox"/> Food dish/Water dish | <input type="checkbox"/> Low wattage nocturnal bulb |

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